

Guidelines International Network Standards for Clinical Practice Guidelines

Title of the Guideline	Physical activity
Name of the Developing Organisation	Current Care Guidelines / The Finnish Medical Society Duodecim
Publication Date	9.6.2026

Effective August 2013, GIN is requesting voluntary reporting on the GIN Guideline Standards¹ when a guideline is submitted for inclusion in the GIN Library.

Is your organisation willing to complete the form to provide information to a reader about your guideline?

YES

NO

If Yes, please complete the checklist on the next page.

GIN Standards & Description ¹	Standard Achieved?	If Yes, Page number(s)/document where the information is available
<p><u>Composition of Guideline Development Group</u></p> <p>Guideline development panel includes diverse and relevant stakeholders, such as health professionals, methodologists, experts on a topic, and patients.</p>	<p><input type="checkbox"/> YES <input type="checkbox"/> NO <input checked="" type="checkbox"/> Somewhat</p>	
<p><u>Decision-making Process</u></p> <p>Guideline describes the process used to reach consensus among the panel members and, if applicable, approval by the sponsoring organisation. This process was established before the start of guideline development.</p>	<p><input checked="" type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Somewhat</p>	<p>Guideline development handbook: www.terveysportti.fi/dtk/khk/koti (in Finnish)</p>
<p><u>Conflicts of Interest (disclosure)</u></p> <p>Guideline includes disclosure of the financial and nonfinancial conflicts of interest for members of the guideline development group.</p>	<p><input checked="" type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Somewhat</p>	<p>www.kaypahoito.fi/hoi50075?tab=suositus#s22_1 (in Finnish)</p>
<p><u>Conflicts of Interest (resolution)</u></p> <p>Guideline describes how any identified conflicts were recorded and resolved.</p>	<p><input checked="" type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Somewhat</p>	<p>Guideline development handbook: www.terveysportti.fi/dtk/khk/koti (in Finnish)</p>

GIN Standards & Description ¹	Standard Achieved?	If Yes, page number(s)/document where the information is available
<p>Scope of a Guideline</p> <p>Guideline specifies its objective(s) and scope.</p>	<p><input checked="" type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Somewhat</p>	<p>www.kaypahoito.fi/hoi50075 (in Finnish)</p>
<p>Methods</p> <p>Guideline clearly describes the methods used for the guideline development in detail.</p>	<p><input checked="" type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Somewhat</p>	<p>Guideline development handbook: www.terveysportti.fi/dtk/khk/koti (in Finnish)</p>
<p>Evidence Reviews</p> <p>Guideline uses systematic evidence review methods to identify and evaluate evidence related to the guideline topic.</p>	<p><input checked="" type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Somewhat</p>	<p>Guideline development handbook: www.terveysportti.fi/dtk/khk/koti (in Finnish)</p>
<p>Guideline Recommendations</p> <p>Guideline recommendation clearly stated and based on scientific evidence of benefits; harms; and, if possible, costs.</p>	<p><input type="checkbox"/> YES <input type="checkbox"/> NO <input checked="" type="checkbox"/> Somewhat</p>	
<p>Rating of Evidence</p> <p>Guideline uses a rating system to communicate the quality and reliability of the evidence.</p>	<p><input checked="" type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Somewhat</p>	<p>Guideline development handbook: www.terveysportti.fi/dtk/khk/koti (in Finnish)</p>

GIN Standards & Description ¹	Standard Achieved?	If Yes, page number(s)/document where the information is available
<p><u>Rating of Recommendations</u></p> <p>Guideline uses a rating system to communicate the quality and reliability of the strength of its recommendations.</p>	<p><input type="checkbox"/> YES <input checked="" type="checkbox"/> NO <input type="checkbox"/> Somewhat</p>	
<p><u>Peer Review and Stakeholder Consultations</u></p> <p>Review by external stakeholders conducted before guideline publication.</p>	<p><input checked="" type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Somewhat</p>	
<p><u>Guideline Expiration and Updating</u></p> <p>Guideline includes an expiry date and/or describes the process that the guideline groups will use to update recommendations.</p>	<p><input checked="" type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Somewhat</p>	<p>Guideline development handbook: www.terveysportti.fi/dtk/khk/koti (in Finnish)</p>
<p><u>Financial Support and Sponsoring Organisation</u></p> <p>Guideline discloses financial support for the development of both the evidence review as well as the guideline recommendations.</p>	<p><input checked="" type="checkbox"/> YES <input type="checkbox"/> NO <input type="checkbox"/> Somewhat</p>	<p>Guideline development handbook: www.terveysportti.fi/dtk/khk/koti (in Finnish)</p>

Additional Comments